

## Ice Breaker

What's the most unexpected or unique way you've made a friend?

## **Sermon Discussion Questions**

- A bad attitude hinders our ability to enjoy the present moment and meaningful relationships in our lives. How have you experienced this? Can you relate to any of the examples given in the message?
- Read Philippians 2:1-5. In this passage we are asked to have the same attitude as Christ had. What attitude did Jesus have?
- Consider a relationship in your life where you might need an attitude adjustment.
  What steps could you take to align your attitude with the mind of Christ in that area?
- How have you personally experienced encouragement and comfort from belonging to Christ, and how can you extend these qualities to others in your life?
- How have you seen kindness, humility and unity make a difference in your relationships? What are some things you've found helpful in cultivating humility, kindness, and unity in your interactions with others?
- In light of this message and discussion, what's "next" for you when it comes to your relationships?

## **Devotional Discussion Questions**

Day 2

 Consider a relationship in your life. What would "having the attitude of Christ" specifically look like for you in that relationship?

## Day 3

- Read Ephesians 4:1-6
- What challenges do you face in living out the ideals of humility, gentleness,
  patience, and love in relationships with others?
- According to verse 3, we are called to make every effort to keep ourselves united in the Spirit and to bind ourselves together with peace. How can we practically work towards unity and peace within the church and in our relationships with others?