



Ice Breaker

Share Highs & Lows together with your group.

Sermon Discussion Questions

- Read John 10:1-18 Together as a group.
- Share about a time when you experienced a renewal in your spiritual life. What was that like? What did you learn about how you connect with God?
- Share about a time when you experienced God being near to you, leading you, or pursuing you. What did that experience teach you about God?
- As you look back over the last several weeks of Spiritual disciplines, which ones resonated with you the most?

Devotional

Take time as a group and look at day four and talk about ways that you experience rest and how you might incorporate those practices into your life.