



Ice Breaker

Share Highs & Lows together with your group.

Read together

Matthew 3:16-4:11 (This is in your devotionals on day 1)

Sermon Discussion Questions

1. Where do you see evidence of God's grace in your life this week?
2. Have you ever fasted before? How was that experience for you? Why did you do that?
3. Why might you fast this lent season? (To Respond, Repent, or Prepare)

Devotional

Take a look at Day four of your devotional together. If your group members have already done the activity, take some time to discuss what rose to the surface. If your group meets earlier in the week and people haven't gotten to that day. Spend some time doing the activity together.