

# ELEMENTARY CHURCH AT HOME!

SUNDAY OCTOBER 18TH, 2020

A WEEKLY BIBLE STORY &  
ACTIVITIES YOU CAN DO  
AT HOME!

Watch this week's Bible Story online at:  
[hopecitypdx.com/kids](http://hopecitypdx.com/kids)



## This Week's Bottom Line:

*When you're not truthful,  
you lose trust*

**Bible Story:**  
**Two People are Better than One**  
Ecclesiastes 4:9-12

**Memory Verse:**  
*"Whoever walks in integrity walks  
securely, but whoever takes crooked  
paths will be found out."*

Proverbs 10:9 NIV

**Life App:**  
**Integrity— Choosing to be  
truthful in whatever you say  
and do**



## Family Activities:

### Hurt Heart

Grab some paper and scissors. Cut out the shape of a heart. Crumple the heart shape in your hands. Then, carefully smooth it out.

When we lie to others, we hurt their heart and they lose trust in us. It's a lot like the heart you just made. It started off perfect and unhurt and then it got crumpled. Even if you are super careful undoing it, it will never go back to the way it was before. Ask God to help you speak truth to your friends.

### Habits

Read Colossians 3:9

*Biting your nails. Brushing your teeth twice a day. Chewing with your mouth open. Cleaning up after you're finished.*

Habits. We all have them. Some are good and some are just plain bad! Did you know that you can actually change your habits? The best way to break an old habit is to replace it with a new one.

When you become a follower of Jesus, you are a new creation. The old way of doing things, the old way of living should be left behind. So instead of falling into old habits that are dishonest, we should follow Jesus' example. With God's help, we can replace our old habits and choose to be truthful so that others can trust us.

Think back to this past week. Did you fall into the old habit of lying about something to avoid getting in trouble? Ask God to forgive you and to help you make a different choice next time. And if you've hurt someone with your lie, make sure you ask them for forgiveness too.

### Honesty Prayer

From reading the story of Naaman and Gehazi, it seems like Gehazi had an honesty problem, and that it probably had a lot to do with what he wanted. In other words, if he had his eye on something, he was going to do whatever it took to get it.

Maybe that's not your particular honesty struggle. Maybe you have found yourself lying to keep from getting in trouble or you sometimes exaggerate stories to make people like you more, or to one-up your friends. The great thing is that it's not too late to ask forgiveness and make a change! You can begin living a life of integrity today! You can use the prayer below to help you press re-start.

*"Dear God, as You know, I struggle with being honest when it comes to \_\_\_\_\_. I think it's hard for me because \_\_\_\_\_. Please forgive me for not being honest, and help me to begin being honest in everything I say and do.*

*In Jesus' Name, I pray, amen."*

**Draw a picture of you and your friends.  
Remember, when you are truthful  
others trust you.**

