



Ice Breaker

Share Highs & Lows together with your group.

Sermon Discussion Questions

- Read *Mark 15:16-21*
- Have you ever felt powerless or trapped under the weight of something? What was it? What happened?
- What stood out to you from the story of Simon from Cyrene? Was there something that caused you to think in a new or different way?
- How do kindness and humility shape the way we interact with each other? Which of these two would you like to grow in?
- What might leaving a Godly legacy, family, friends, story etc... look like for you? How do you want to be remembered?
- What would sharing your / someone else's burden look like for you this week? How can we pray for you?