

# ELEMENTARY CHURCH AT HOME!

SUNDAY FEBRUARY 7, 2021

## WEEKLY BIBLE STORY & ACTIVITIES YOU CAN DO AT HOME!

Watch this week's Bible Story online at:  
[willamette.cc/kids](http://willamette.cc/kids)



### Bible Story:

**Humble and Kind**  
**God Was Kind to Us**  
**Ephesians 4:32**

### This Week's Bottom Line:

**Be kind to others**  
**because God is kind to**  
**you.**

### Memory Verse:

*You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.*  
**Colossians 3:12, NIV**

### Life App:

**Kindness—Showing others they are valuable by how you treat them**

## Family Activities:

### Emotional IQ

Part of being kind is recognizing how other people feel by paying attention to their emotions. If someone is sad, what is the kind thing to do? If someone is excited about something—even something that doesn't seem all that exciting to you—what is the kind thing to do? Remember, be kind to others because God is kind to you.

- Read each statement below. On a piece of paper, draw the face someone might make if the statement happened to them (examples: happy, sad, angry, confused, scared, embarrassed, surprised).
- Your best friend won the school spelling bee.
- Your dad lost his job today.
- Your brother hates math and says he doesn't understand it at all.
- Your family is going on vacation to your favorite place.

### Take a Snapshot

- Gather three to five index cards and a marker.
- Challenge yourself to finish the sentence, "Kindness is . . ." with an action statement. For example: Kindness is when my mom makes my favorite dinner.
- Think of times when you have experienced kindness at school or when a family member or a friend did something that made you feel special or important.
- Look through each card and answer these questions:
  - How would this show someone they are valuable? For example: How would sharing your lunch show someone they are valuable?
  - How does God show us kindness? How does He show us we are valuable?



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**Colossians 3:12, NIV**